

# 2018 AHJA MEDAL FINALS

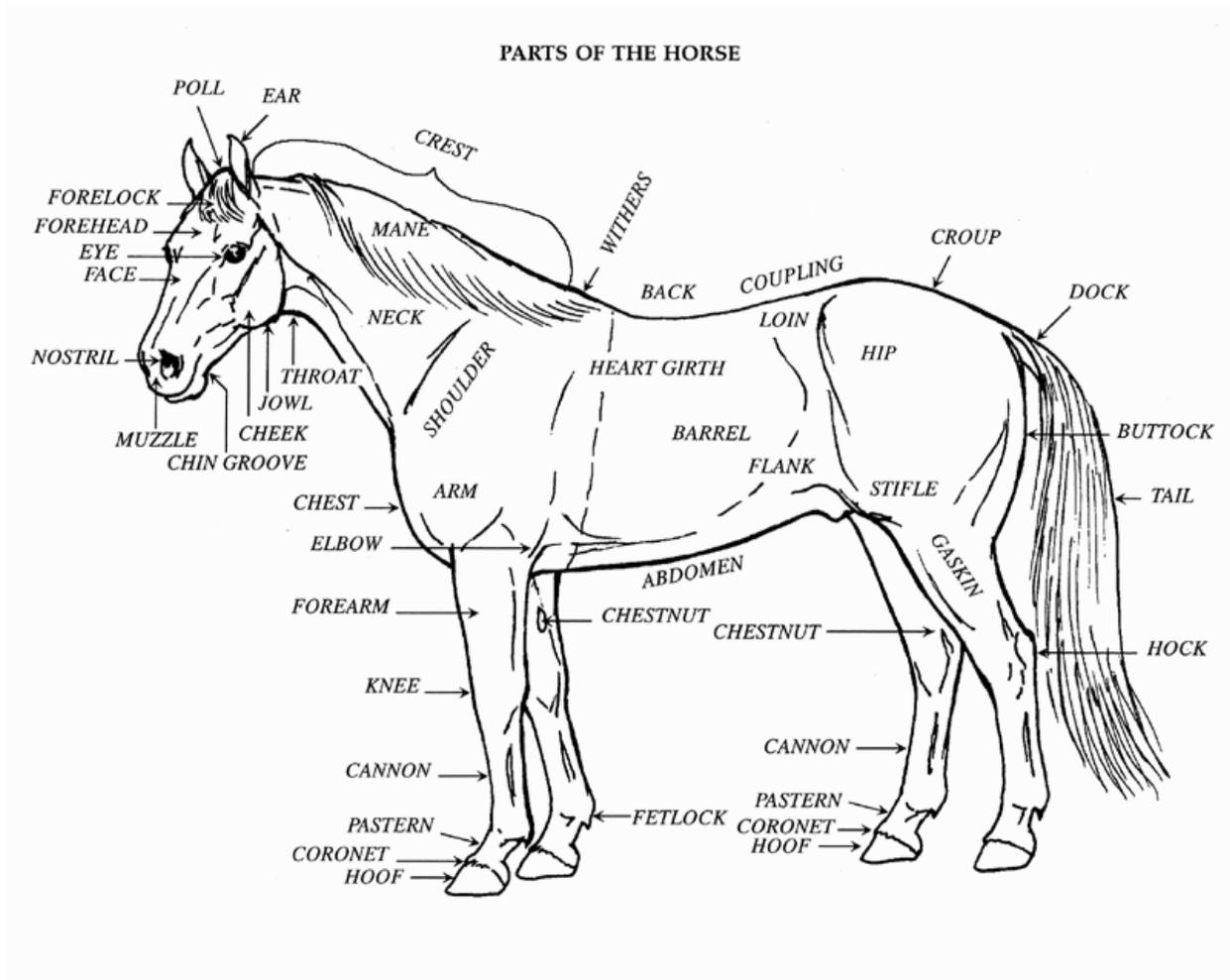


## STUDY GUIDE

This study guide was compiled using the USEF Rulebook (focusing on the Equitation, Hunter/Jumper Competitions, Hunter, and Jumper sections); AHJA Rulebook; The Pony Club Manual of Horsemanship, focusing on general horse health and ailments, as well as parts of the horse and tack; and the USHJA Study Guide, available on the USHJA website, focusing on anatomy and physiology, horse health, riding theory, shoeing, and tack.

## About The Horse

### 1. Parts of the horse



2. Where on the horse is the frog?
3. How a horse is measured, from where on the horse, and how many inches are in a hand.
4. Size of the average horse stride.
5. The 5 basic colors of the horse.
6. What bascule is in a horse.
7. What is it called when a horse's front toes point in?

8. Definition of a colt and filly.
9. What percentage of a horse's body weight do the front legs bear?
10. Conformation flaws of the front legs/back legs.
11. Examples of blemishes
12. True or False: A horse cannot see directly below his nose or distinguish an object that is less than four feet ahead of him.

## **Riding Technique**

13. How many beats are in a stride for the walk, trot, canter, gallop, and reinback.
14. When riding, what are the natural aids and artificial aids? Know each type.
15. How many seconds you should halt for in an equitation flat class.
16. When posting trot to the left or right, know which of the horse's shoulders you should rise with.
17. What is the distance in feet for a 6 stride line of fences, a 5 stride, a 4 stride, and 3 stride?
18. How to calculate jumping strides
19. When riding a horse and you change directions, what is this called?
20. How a simple change of lead is ridden.
21. What a counter canter is.
22. True or false: the counter canter is also called a false canter
23. What is being judged in an equitation class.
24. What direction a flat class is started in.
25. When does judging begin in a class.
26. Another name for the rising trot.
27. What two-point position is.
28. The 4 types of hand releases when jumping: mane, long/crest, short, automatic
29. What is the correct placement of a ground line?

30. The seats used in the American Forward Riding System are?
31. Difference between shoulder in, haunches in, half pass, turn on the fore hand, turn on the haunches
32. How far apart should trot poles and cavaletti poles be set?
33. Differences between types of oxers: triple bar, Swedish, hogsback, fan.

## **Horse Health and Care**

34. Normal temperature range for an adult horse.
35. What unsoundness is versus a blemish.
36. What are the 3 upper respiratory diseases?
37. Know the various types of stable vices: cribbing, weaving, stall kicking, etc.
38. How and when a twitch is used.
39. Know what colic is, the signs & symptoms, and how it's treated.
40. Know what a gestation period is and how long it is for a horse.
41. Normal resting heart rate and respiration for an adult horse.
42. What a Coggins test is, and what disease it tests for.
43. In bandaging a horse, what the term "cording" means, and what it causes.
44. What thrush is, what causes it, and how it's treated.
45. Symptoms of thrush, white line, laminitis, colic, tying up, choke
46. How often a horse's hooves need to be shod or trimmed.
47. What part of a horse does a vet "float" and why is it done?
48. What a splint is.
49. When identifying front leg lameness, does the horse's head nod down on the "good" leg or the "bad" leg?
50. Navicular syndrome can affect what structures?
51. What is Ringbone?
52. What is Tendonitis?

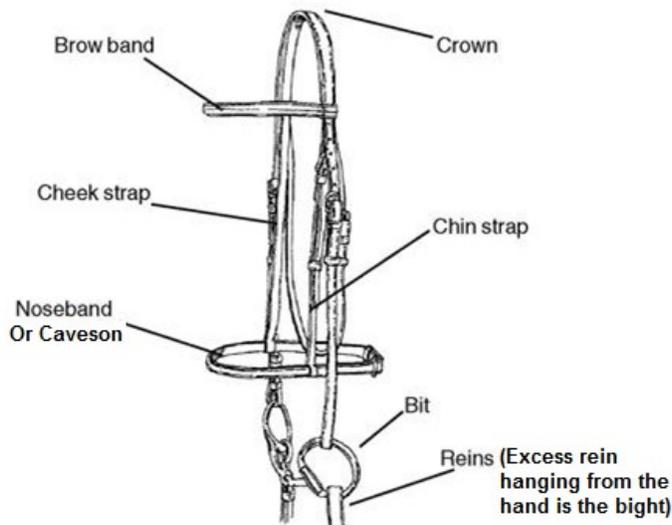
53. True or False: When bandaging, legs should be wrapped front to back and outside to inside, or counterclockwise on the left legs and clockwise on the right legs.

54. Approximately how long does it take to bring an unfit horse to the point of regular work?

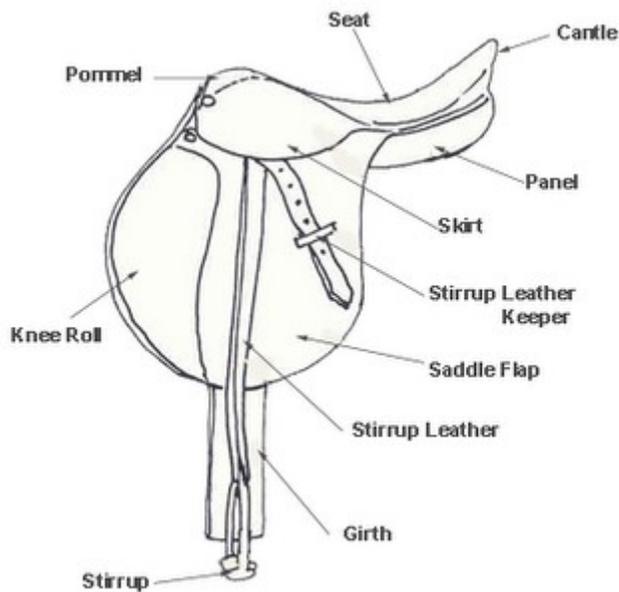
55. True or False: Hay or roughage should account for 80% of a horse's diet?

## Tack, Rider Apparel, & Equipment

56. Parts of the bridle



57. Parts of the saddle



58. Know what the various bits are that are used in English riding.
59. When martingales are not allowed.
60. How many inches wider than your foot should the stirrup iron be.
61. Helmet safety requirements. Know what type of helmet is required, and how it should be worn.
62. Name the two types of martingales.
63. Know how many wrinkles should be in the corner of the horse's mouth with a bit in. 2
64. What are the different types of boots for horse leg protection?
65. What are the different types of nosebands for bridles?
66. How long are whips allowed to be for jumping?
67. Purposes of an Irish knit, a cooler, a quarter sheet.
68. True or False: Twitches work on the principle of pain.

## **USEF/USHJA/AHJA Rules & Regulations**

69. USEF medal finals rules as it pertains to refusals on course.
70. USEF schooling rules & in-class rules for medal classes pertaining to the types of jumps that are allowed.
71. USEF height requirements for ponies.
72. Know what is permitted in equitation classes for leg protection on the horse.
73. What are the banned substances in a USEF competition?
74. What the maximum height and spread is for a trot jump.
75. The rules for offering prize money in equitation, junior, and amateur classes.
76. The causes for elimination from a class.
77. How a cell phone could cause elimination?
78. True or False: In the AHJA Mini or Silver Stirrup Medal, an in and out (combination) may be used as long as it is adjusted for ponies.
79. True or False: In the AHJA Pony Medal, an oxer may not be used as the first jump.

80. In the AHJA Pony Medal, two tests must be built in to the course. What number USEF tests must the course designer choose from?
81. What must be included in the course for the AHJA Children's and Adult Medals?
82. In the AHJA Children's and Adult Medal, what USEF tests may the judge ask the rider to perform?
83. In all AHJA Medal classes, the first place rider receives how many points?
84. In all AHJA Medal classes, a rider must have how many points from qualifying classes in order to be eligible for the Finals?
85. In the AHJA Jr/Am Medal, what may not be included in the course?
86. In the AHJA Junior/Amateur Medal, what USEF tests must the judge choose from?